

# SERMON NOTES

## “Torah! Torah! Torah!”

*Psalm 1*

(use the space below to jot down some thoughts and takeaways from today’s message)

“Blessed...” (v. 1)

“...the law of the LORD...” (v. 2)

“...he meditates day and night.” (v. 2)

“In all that he does, he prospers.” (v. 3)

“...the way of the righteous...” (v. 6)



### Reflect:

- What is the biggest obstacle for you personally in making the study of God’s Word a regular habit? After this week’s message, what is one step you plan to take to meditate more on the Word of God daily and nightly?
- How have you noticed God’s blessing on your life when you delight in His Word and follow His Way in Jesus?
- What will be your Time, Text, and Place this week?

### Get in the Word:

- Take some time to read and pray through these psalms in the Songs of the Messiah Reading Plan for this week:
  - Sunday: 1, 12, 15, 33, 36
  - Monday: 19, 42, 43, 86, 96
  - Tuesday: 119 (vv. 1-32), 101, 111, 112
  - Wednesday: 119 (vv. 33-64), 115
  - Thursday: 119 (vv. 65-96), 138
  - Friday: 119 (vv. 97-128), 145
  - Saturday: 119 (vv. 129-176)

### Pray:

- Ask God to deepen your desire to delight in His Word.

### Next week:

- Using Psalm 2, we will reflect on the Messianic Psalms and their proclamation of Jesus as God’s Messiah, Son, and King.