

Recommended Order for One Hour in Prayer (approximately 5 minutes on each section)

PART I

Watch Welcome Video

Listen to a Song of Reflection as you prepare your heart and mind for prayer (see links below)

1. Prayers for the sick and suffering
 - For the people suffering with COVID-19
 - For the people who are suffering from other illnesses
 - For the families that are separated because of quarantine
 - For the safety and protection of the people who are vulnerable
 - For those in need of regular treatment and therapies that now needs to be postponed
2. Prayers for essential workers
 - For frontline hospital staff and other healthcare professionals
 - For medical researchers
 - For caregivers
 - For police, firefighters and other first responders
3. Prayers for provision/economy
 - For those who are now unemployed or facing financial hardship
 - For those business owners and families facing financial stress and making hard decisions
 - For grocery store workers, delivery drivers and other essential workers

PART II

Listen to another Song of Reflection (see links below)

4. Prayers for local, national, and global government officials
 - For wisdom and guidance in responsible decision making
 - For our leaders to be clear communicators
5. Prayers for church leaders and missionaries
 - For pastors and church leaders faced with the challenges of social distancing
 - For missionaries around the world, especially those in locations with high rates of infection
6. Prayers for families
 - For all adjusting to new ways of life
 - For the families who are facing difficult decisions
 - For those who are struggling to balance homeschooling their children and working
 - For parents who cannot stay home from work but must find care for their children
 - For spouses, children, siblings and other family members to have grace for each other

PART III

Listen to another Song of Reflection (see links below)

7. Prayers for the lost
 - For those who are isolated or homebound
 - For those who struggle with fear and anxiety
 - For those who don't have a personal relationship with Jesus Christ
8. Prayers for our Trinity Family
 - For Pastor Caleb, Gregg Pinick, and the rest of our leadership team as they make decisions
 - For our teachers as they learn how to teach online and care for their students
 - For our staff as they adapt to working from home and still try to support our families
 - For our volunteers who have been helping to provide our online worship
 - For our families as we try to maintain a sense of community online
9. Time of Personal Prayer
 - What else is on your heart or mind? Lift up those prayers to you now
 - What are you thankful for? How has God blessed you in this time? Give thanks to God!